

Welcome To
Celebrate Recovery
Denial

(January 20, 2010)

Creekside Community Church
951 MacArthur Blvd.
San Leandro, California 94577
510-430-0607

Celebrate Recovery - Denial

A. Introduction

"Now when he saw the crowds, he went up on a mountainside and sat down. His disciples came to him, and he began to teach them, saying:

- "Blessed are the poor in spirit, for theirs is the kingdom of heaven."
- "Blessed are those who mourn, for they will be comforted."
- "Blessed are the meek, for they will inherit the earth."
- "Blessed are those who hunger and thirst for righteousness, for they will be filled."
- "Blessed are the merciful, for they will be shown mercy."
- "Blessed are the pure in heart, for they will see God."
- "Blessed are the peacemakers, for they will be called sons of God. "
- "Blessed are those who are persecuted because of righteousness, for theirs is the kingdom of heaven." Matthew 5:1-10

"Trust in the Lord with all your heart; do not depend on your own understanding. Seek His WILL in ALL you do, and He will direct your paths."
Proverbs 3:5-6

B. "D" stands for "DISABLES OUR FEELINGS"

C. "E" stands for "ENERGY LOST"

Self analysis questions. This is not an exhaustive list, but it will help you get started.

- Do you think about the past a great deal?
- Do you have regrets?
- Do you think you are stuck?
- Do you feel powerless? Isolated? Alone?
- Do you feel like you have few resources?
- Are you depressed

Ask the Lord to help you focus on today and not on the past, and ask Him to show you what He wants you to do now.

D. "N" stands for "NEGATES GROWTH"

"Lord, help! They cried in their trouble, and he saved them from their distress. He led them from the darkness and deepest gloom; he snapped their chains" Psalms 107:13-14

"He spoke, and they were healed - snatched from the door of death".
Psalms 107:20

E. "I" stands for ISOLATES US FROM GOD"

"Now the serpent was the shrewdest of all the creatures the Lord God had made. Really, he asked the woman. Did God really say you must not eat of any of the fruit in the garden?"

"Of course we may eat it, the woman told him. It's only the fruit from the tree at the center of the garden we must not eat it or even touch it or we will die."

"You won't die, the serpent hissed. God knows that your eyes will be opened when you eat it. You will become just like God, knowing everything both good and evil."

"The woman was convinced. The fruit looked so fresh and delicious, and it would make her so wise! So she ate some of the fruit. She also gave some to her husband, who was with her. The he ate it too. At that moment, their eyes were opened, and they suddenly felt shame at their nakedness. So the strung fig leaves together around their hips to cover themselves."

"Toward evening they heard the Lord God walking about in the garden, so they hid themselves among the trees. The Lord God called to Adam, Where are you?"

"He replied, I heard, so I hid. I was afraid because I was naked."

"Who told you that you were naked, the Lord God asked. Have you eaten the fruit I commanded you not to eat?"

"Yes, Adam admitted, but it was the woman you gave me who brought me the fruit and I ate it. Then the Lord God asked the woman, how could you do such a thing? The serpent tricked me, she replied. That's why I ate it."

Genesis 3:1-13

"So the Lord God banished Adam and his wife from the Garden of Eden, and He sent Adam out to cultivate the ground from which he had been made."

Genesis 3:23

"This is the message he has given us to announce to you: God is light and there is no darkness in him at all. So we are lying if we say we have fellowship with God but go on living in spiritual darkness (denial), we are not living in the truth. But if we are living in the light of God's presence (that's stepping out of denial), just as Christ is, then we have fellowship with each other, and the blood of Jesus, His Son, cleanses us from every sin." 1 John 1:5-7

F. "A" stands for "ALIENATES US FROM OTHERS"

G. "L" stands for "LENGTHENS THE PAIN"